



3rd Annual Cheer for a Cure

The Manitoba Association of Cheerleading is pleased to invite you to the Third Annual Cheer for a Cure, Saturday, January 17, 2009.

Who: All Cheerleading teams & Dance groups are invited to participate

What: A great day of dance & stunts while raising funds for a great cause

When: Saturday, January 17, 2009 10:00 am – 12:00 noon

Where: The Forks

Why: 1 in 9 Canadian women will be diagnosed with breast cancer at some point in her lifetime. This is a great opportunity to raise funds for breast cancer research and education while thinking pink and showcasing your routines!

How: Teams simply register to get their package and start collecting pledges!

This promises to be a great day! Some of the highlights include:

- Exciting prizes to be won
- Great prizes for the top individual fundraiser and top fundraising team
- Dance & Stunt Demonstrations
- Banner contest

As the leading national volunteer-based organization dedicated to a future without breast cancer, the Canadian Breast Cancer Foundation works collaboratively to fund, support and advocate for relevant and innovative breast cancer research; meaningful education and awareness programs; early diagnosis and effective treatment; and a positive quality of life for those living with breast cancer.

If you are interested in registering or receiving more information, please contact the Manitoba Association of Cheerleading at 204-888-0317 or by email at info@cheermanitoba.ca. Thank you for helping us create a future without breast cancer!

Sincerely,

MAC & CFTC STAFF



Cheer for a Cure 2009
The Forks Winnipeg



In order to confirm your registration, please mail or fax the completed registration package. Once your package is received, your registration will be confirmed via email. Space is limited and entries will be accepted on a "first come first served" basis. If you have any questions, please Contact the MAC Office.

**Manitoba Association of Cheerleading presents
Cheer for a Cure 2009
In support of
Canadian Breast Cancer Foundation –Prairies/NWT Region**

Your complete registration package includes:

- ✓Registration form
- ✓One (1) Waiver form to be **signed** by each team member (including team captain)
- ✓Pledge forms (Please note: donations over \$20.00 are eligible for a tax receipt)
- ✓Helpful tips/suggestions for raising pledges

Please fax the following to Manitoba Association of Cheerleading at 204-888-0317 to secure your placement:

- ✓One (1) completed Registration form and \$50 registration fee
- ✓ Waiver forms need to be signed prior to participating

REGISTRATION FORM

Team Name: _____

- Participating in the Pink banner contest
- Will be entering the dance contest
- Are an 18+ cheer team performing stunts

Coaches Last Name _____ First Name _____

Address _____

City _____ Province _____ Postal Code _____

Daytime telephone () _____ Email _____

In the fiscal year 2009, our goal is to raise \$8.74 million with fundraising costs of 7%. Event costs of \$1,242,930 are recovered through registrations, ticket sales and sponsorships. For further information, please contact the Director of Finance at 1-866-302-2223 or visit our website at www.cbcf.org/prairiesnwt



Cheer for a Cure 2009
The Forks Winnipeg



Agreement, Release and Indemnity

Please read carefully

I AGREE that at all times during the 2009 Cheer for a Cure and associated events my safety remains my sole responsibility. I am aware of the risks of participating in cheering events and assume all such risks. I give full permission for the use of my name and photograph by any of the Parties (as defined below) in connection with Cheer for a Cure 2009.

IN CONSIDERATION of the acceptance of my application to participate in the Cheer/Dance event, I for my myself, my heirs, administrators and legal representatives RELEASE, WAIVE and FOREVER DISCHARGE expenses in respect to my death, injury, loss or damage to my person or property (a "Loss") which may be suffered or sustained in any manner as a result of my participation in the event and against all liability incurred by any or all the Parties arising as a result of my participation in this event.

BY SIGNING BELOW, I ACKNOWLEDGE HAVING READ, UNDERSTOOD AND AGREED TO THE ABOVE.

The terms "Parties" means the Manitoba Association of Cheerleading and the Canadian Breast Cancer Foundation and all other associations, bodies and sponsoring companies and all their respective agents, officials, servants, representatives and successors.

| TEAM MEMBER NAME | MEMBER'S ADDRESS | MEMBER'S SIGNATURE |
|--|------------------|--------------------|
| Please print clearly (one line per individual) | | |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
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| | | Date |
| | | Signature |

**please make copies as needed and ensure each team member prints and signs their name.*

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FUNDRAISING TIPS

Need some ideas on how to get started? Here are some suggestions to help you collect pledges:

Tips to Raising Pledges

1. Start early! It's all about creating awareness...tell your family, your friends, your neighbors, other cheer & dance teams and your school
2. Take your pledge materials everywhere you go - you never know who you'll run into
3. Print some pledge forms for your parents to circulate for you
4. Set a goal, both as a team and individually. This will help you stay motivated and go for a common goal with your team. As the saying goes "If you don't know where you are going, you'll never know when you get there". Keep in touch with your teammates.
5. If you have a connection to a business, perhaps ask for them to match your donations
6. Make sure your sponsors know they will receive a tax receipt for all donations over \$20.00.
7. Start with the people you know and feel comfortable around. This will guarantee you some pledges as well as boost your confidence.
8. Say 'thank you'!

Creative Ideas for Raising Pledges

- Have a "sale" at your home or work. (Garage sale, Book sale) Let people know the proceeds are going to the Canadian Breast Cancer Foundation – Prairies/NWT Region.
- BRAVE the SHAVE – This pledge based fundraiser creates quite a buzz! You will be shaving to save lives.
- Charge a fee for a 'pink day' at your school - the funds raised goes towards your goal.
- Ask friends, teachers or other family members to help collect pledges as well.
- Hold a bake sale at your community centre or school, and let everyone know that the proceeds go to the Canadian Breast Cancer Foundation-Prairies/NWT Region.
- Send an email to everyone in your address book
- Create a Cheer for a Cure Face book group and invite others to join and donate.
- On each pledge sheet, make sure to have the highest donations on the top to set the pace for other donors
- Make 'gifts' for your top 3 donors and start a competition



Canadian Breast Cancer Foundation- Prairies/NWT Region

Pledge Forms for Cheer for a Cure 2009

Each participant's pledge form must have full contact information to be included in individual fundraising total

NAME OF PARTICIPANT _____ TEAM NAME _____

MAILING ADDRESS _____ TELEPHONE () _____

CHEQUES MADE PAYABLE TO:

CANADIAN BREAST CANCER FOUNDATION – PRAIRIES/NWT REGION

PLEASE NOTE: TAX RECEIPTS ARE ISSUED ONLY FOR DONATIONS OF \$20.00 OR MORE

| NAME OF DONOR (Please print) | COMPLETE MAILING ADDRESS | CITY | PROVINCE | POSTAL CODE | TELEPHONE NUMBER | PLEDGE AMOUNT | RECEIPT REQ'D? |
|---|-------------------------------------|-------------|-----------------|------------------------|-----------------------------|--------------------------|---------------------------|
| 1. | | | | | | | |
| 2. | | | | | | | |
| 3. | | | | | | | |
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| 10. | | | | | | | |
| 11. | | | | | | | |
| 12. | | | | | | | |

| |
|----------------------|
| Total Pledges |
|----------------------|

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Funds Remittance Form

For the 3rd Annual
Cheer for a Cure

Saturday, January 17 2009

PLEASE NOTE: Teams need to be registered and only funds collected and remitted at the day of the event will be considered for any of the fundraising prizes.

To be registered, the following needs to be completed and handed in:

- ✓ Registration form and \$50 registration fee
- ✓ One (1) Waiver form to be **signed** by each team member (including team coach)
- ✓ Funds Remittance Form completed and **signed** by each team member (including team coach)
- ✓ Funds Remittance Form needs to be accompanied by:
 - All pledge forms from each team member
 - These pledge forms need to have full participant name at the top of each sheet
 - Pledge forms need to have all address information printed clearly including postal codes
 - Pledge forms need to be accompanied by the appropriate funds with all cheques made out to the **Canadian Breast Cancer Foundation**

Thank you for pinking up your cheer and helping us to create a future without breast cancer.

Once the top fundraisers have been determined, they will be announced and prizes will be awarded.

Good Luck!

FUNDS REMITTANCE FORM

Team Name: _____

Team Coach: _____

- Participating in the Pink banner contest
- Will be entering the dance contest
- Are an 18+ cheer team performing stunts

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BY SIGNING BELOW, I ACKNOWLEDGE THAT:

- My fundraising total is correct
- All my funds have been remitted including cash, cheques & credit card donation forms
- I have ensured all cheques have been correctly made out to the **Canadian Breast Cancer Foundation**
- All my pledge forms include my full name on the top of the pledge form and the correct fundraising total for each sheet is indicated in the space provided
- All donor address information is filled in (including postal codes)

| TEAM MEMBER NAME | TOTAL AMOUNT RAISED | MEMBER'S SIGNATURE |
|--|---------------------|--------------------|
| Please print clearly (one line per individual) | | |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |
| | | Date |
| | | Signature |

| | |
|---|---|
| <p>TEAM FUNDRAISING TOTAL <i>Please total ALL funds raised from team and indicate amount below</i></p> | <p>TOP INDIVIDUAL FUNDRAISER <i>Please indicate the top fundraiser from your team here</i></p> |
| | |

*please make copies as needed and ensure each team member prints and signs their name with the total pledge amount filled in

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