

# M.A.C. ATHLETE REGISTRATION & WAIVER FORM



**I AGREE TO BE RESPONSIBLE FOR MYSELF**

I agree that there are risks in cheerleading as described below. By participating voluntarily in these events, activities and programs, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in these events, activities and programs.

I / we agree the Manitoba Association of Cheerleading (M.A.C.) and all of its Executive officers and volunteers shall not be liable for any injury to my persons or loss or damage to my personal property arising from, or in any way resulting from my participation in the sport of cheerleading.

By attending any Manitoba Cheerleading event, I hereby consent to and permit photographs or video of me and/or those of my minor children to be used by M.A.C. and its volunteers for the promotion of Manitoba cheerleading, including educational and advertisement purposes, and in any medium, including print and electronic.

**I / we declare having read and understand the above informed consent agreement in its entirety and hereby consent to participate acknowledging all the forgoing.**

**ALL SPORTS, INCLUDING CHEERLEADING, HAVE RISKS**

I desire to voluntarily participate in cheerleading. I hereby acknowledge that I am aware of the risks and hazards associated with or related to cheerleading. The risks and hazards of cheerleading include, but are not limited to, injuries relating to:

- Executing strenuous and demanding physical techniques;
- Failing to properly use any piece of gymnastics equipment or from the mechanical failure of any piece of gymnastics equipment;
- Vigorous physical exertion, strenuous cardiovascular workouts, rapid movements and quick turns and stops;
- Contacting or being struck by other participants (including spotters), spectators or equipment;
- Falling or colliding with the floor, mats, walls, stands, equipment or with other participants;
- Exerting and stretching various muscle groups;
- Dryland training;
- Travel to and from competitive events and associated non-competitive events.

Initial

Furthermore, I am aware that:

- Injuries sustained in cheerleading can be severe and even fatal;
- Injuries sustained in cheerleading can render me permanently paralyzed;
- I may experience anxiety while challenging myself during the activities, events and programs;
- Rules are designed to enhance the safety of myself and others and are to be followed at all times;
- My risk of injury increases as I become fatigued.

Initial

SCHOOL / CLUB NAME (please print)		TEAM NAME	
DATE(S) OF EVENTS(S) - please list all			
SCHOOL/CLUB ADVISOR (please print)	ADVISOR SIGNATURE	DATE	
PRINCIPAL/CLUB DESIGNATE (please print)	PRINCIPAL/CLUB DESIGNATE SIGNATURE	DATE	
ATHLETE NAME (please print)	GRADE	ATHLETE SIGNATURE	DATE
COACH NAME (please print)	COACH SIGNATURE	DATE	
<b>IF ATHLETE IS UNDER 18 YEARS OF AGE, THE FOLLOWING INFORMATION IS ALSO REQUIRED:</b>			
PARENT/GUARDIAN NAME (please print)	PARENT/GUARDIAN SIGNATURE	DATE	

<p><b>MAC PARTICIPANT REGISTRATION COST TO BE SUBMITTED WITH THIS FORM</b>  <b>\$25.00 per participant</b></p>	<p>Cheques( from schools/clubs or coaches only), money order or cash only.                  Cheques payable to: Manitoba Association of Cheerleading  <b>Personal cheques not accepted.</b></p>
<p><b>This waiver and MAC coverage only apply to athletes when they are attending MAC sanctioned events. If you are travelling outside the province, please contact the MAC Office for details.</b></p>	